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## 4.4 nursing CEs

One of the most frequently-asked questions by new moms has always been, "How come no one told me how to parent BEFORE my baby was born?"

## PARENTING IN PREGNANCY

Course manuals and test developed, written and presented by Ann Corwin, Ph.D., M.Ed., LCCE, CEA/OC, Founder of Wit's End Parenting, Inc.

### \$120 Parenting Certification Course includes:

- 193-minute online lecture on streaming video
- Educator's Workbook (PDF 138 pgs.)
- Parents' Workbook\* (PDF 38 pgs.)
- Inserts of key points that may be reproduced
- Certification Test Online (25 questions)
- PIP-Certified certificate (emailed to you)
- 4.4 nursing CEs
- 30 days to complete

\*Includes permission to reprint the Parents' Workbook only for your parents' use.

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## Who should use the Parenting-in-Pregnancy information?

Childbirth educators, parenting class instructors, nurses, and social workers.

Practical applications for the information included in the Parenting-in-Pregnancy course will apply to many settings, such as:

- Childbirth Education classes
- Late-Life Pregnancy classes
- Teen Pregnancy programs
- Grandparents classes
- Sibling classes
- Newborn Care classes
- Child Abuse Prevention classes
- Parenting classes
- Social Services curriculum
- Parent Support groups

### Goals for Parenting-in-Pregnancy (PIP):

Every family deserves the opportunity to develop, change, grow, and learn from their mistakes.

By introducing parenting techniques at the earliest possible moment (during pregnancy), you have an opportunity to positively change behaviors within a family that will carry on from generation to generation.

Parents **create** the family's home environment.

Parents **set the tone** of the family household.

The "family dance" may be one of much-shared love and laughter and support of each other, or one of yelling, hitting, threats and distrust between family members, and lacking any support systems.

- **Could these families get the help they need before their babies are born?**
- **Is an opportunity being missed by not capitalizing on the captive audience in prenatal classes when they are willing and eager to learn?**

Questions? Please contact Ann Snell, Web Marketing Dir.  
Email: [best@eriworld.com](mailto:best@eriworld.com) 1-800-292-2273, x143

Content questions for Dr. Ann Corwin  
(& parenting for older age groups):  
[www.parentingproblems.com](http://www.parentingproblems.com)

## Parenting in Pregnancy Inserts

How may the inserts be used in existing prenatal educator curriculum?

The Parenting-in-Pregnancy Inserts are designed to be used by any professional whose ultimate goal is to promote healthier families. Each "insert" page has a particular focus.

- Review the topics covered in the prenatal education curriculum, then review the parenting inserts to find one that compliments the topic.
- Expand lectures/discussions to include the parenting information on the insert.

### Topics include:

- # 1 Support Systems
- # 2 Childbirth Education Goals
- # 3 The Fear-Tension Pain Cycle
- # 4 Help Wanted: Dependable Coach
- # 5 Staying In Focus
- # 6 Nutrition
- # 7 Creating Your Home Environment
- # 8 Change
- # 9 How Do Parents Know...When to Begin to Use Parenting Skills
- # 10 Stages & Phases Of Labor
- # 11 Progressive Relaxation
- # 12 Visualization...Stories For Life
- # 13 Contractions & Control
- # 14 Kick Counting
- # 15 Comfort Measures
- # 16 Cues & Crying
- # 17 Non-conforming Labors
- # 18 Decisions, Decisions, Medical & Parental Intervention
- # 19 Scared
- # 20 The Games Families Play
- # 21 Generation To Generation

### CURRENT TRENDS & TOPICS

- #22 SIDS/Sleep
- #23 Postpartum Depression
- #24 Shaken Baby Syndrome

### To register and pay, please go to:

[www.eriworld.com](http://www.eriworld.com) / Certifications / Parenting Certification

### To re-enter videos and take test online, please go to:

[www.eriworld.com](http://www.eriworld.com) / Student Login (upper right) / enter Username & password. Scroll down past "Warning..." and click on Videos. Print the course manuals first. Use the Educators' Workbook for notetaking during videos.